

The Key to Success: Meditation

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Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight is in the law of the Lord, And in His law he meditates day and night. He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.

(Psalms 1:1-3 NKJV)

This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. **(Joshua 1:8 NKJV)**

Nothing happens in the earth without some covenant person speaking it. If you worry you know how to meditate. Worry is a lack of trust.

Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. **(III John 1:2 NKJV)**

The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly. **(John 10:10 NKJV)**

Who is the man who desires life, And loves many days, that he may see good? Keep your tongue from evil, And your lips from speaking deceit. Depart from evil and do good; Seek peace and pursue it. The eyes of the Lord are on the righteous, And His ears are open to their cry. The face of the Lord is against those who do evil, To cut off the remembrance of them from the earth.

(Psalms 34:12-16 NKJV)

Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you. **(I Peter 5:6, 7 NKJV)**

Meditation means "to mutter, to speak out loud, to roll over in your mind over and over.

Thus says the Lord : "Cursed is the man who trusts in man And makes flesh his strength, Whose heart departs from the Lord. For he shall be like a shrub in the desert, And shall not see when good comes, But shall inhabit the parched places in the wilderness, In a salt land which is not inhabited. **(Jeremiah 17:5, 6 NKJV)**

Cursed means "empowered to fail". Blessed means "empowered to prosper".

Blessed is the man who trusts in the Lord, And whose hope is the Lord. For he shall be like a tree planted by the waters, Which spreads out its roots by the river, And will not fear when heat comes; But its leaf will be green, And will not be anxious in the year of drought, Nor will cease from yielding fruit. **(Jeremiah 17:7, 8 NKJV)**

The difference is in who they trust. Remember he shall be like a tree.

Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight is in the law of the Lord, And in His law he meditates day and night. He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper. **(Psalms 1:1-3 NKJV)**

Meditates means "ponders by talking to himself". He will even prosper you in your mistakes.

For there is hope for a tree, If it is cut down, that it will sprout again, And that its tender shoots will not cease. Though its root may grow old in the earth, And its stump may die in the ground, Yet at the scent of water it will bud And bring forth branches like a plant. **(Job 14:7-9 NKJV)**

The Lord God of heaven, who took me from my father's house and from the land of my family, and who spoke to me and swore to me, saying, 'To your descendants I give this land,' He will send His angel before you, and you shall take a wife for my son from there. And Isaac went out to meditate in the field

in the evening; and he lifted his eyes and looked, and there, the camels were coming. **(Genesis 24:7, 63 NKJV)**

He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. **(Psalms 91:1 NKJV)**

Dwell mean " to sit down and rest."

This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. **(Joshua 1:8 NKJV)**

Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. **(Philippians 4:8 NKJV)**

Meditate upon these things; give thyself wholly to them; that thy profiting may appear to all. **(1 Timothy 4:15 KJV)**

Let the words of my mouth and the meditation of my heart Be acceptable in Your sight, O Lord, my strength and my Redeemer. **(Psalms 19:14 NKJV)**

Oh, how I love Your law! It is my meditation all the day. **(Psalms 119:97 NKJV)**

My mouth shall speak wisdom, And the meditation of my heart shall give understanding. **(Psalms 49:3 NKJV)**

When I remember You on my bed, I meditate on You in the night watches. **(Psalms 63:6 NKJV)**