

## **Healing School Class 133**

**Tuesday April 15, 2025**

**Dr. Pete Norris**

The creation looks forward to the day when it will join God's children in glorious freedom from death and decay. For we know that all creation has been groaning as in the pains of childbirth right up to the present time.

**(Romans 8:21-22 NLT)**

Do not be carried about with various and strange doctrines. For it is good that the heart be established by grace, not with foods which have not profited those who have been occupied with them. **(Hebrews 13:9 NKJV)**

The only sure thing we should set up our hearts on is grace, and grace is the very person of our Lord Jesus.

If we are depending on our eating and exercising to keep us healthy instead of trusting in the Lord, our dependence is still on creation (natural means) and not on redemption (His supernatural work).

For God to create, He only had to speak. But for God to redeem us, He had to bleed.

I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever; and the bread that I shall give is My flesh, which I shall give for the life of the world. **(John 6:51 NKJV)**

Life is the Greek word Zoe means "God's Breathed" into Adam and Adam received life.

And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being. **(Genesis 2:7 NKJV)**

Some believe that Jesus was talking about simply believing in Him.

The Jews therefore quarreled among themselves, saying, "How can this Man give us His flesh to eat? **(John 6:52 NKJV)**

For My flesh is food indeed, and My blood is drink indeed. He who eats My flesh and drinks My blood abides in Me, and I in him. **(John 6:55-56 NKJV)**

**In John 6:51**, the word eats is a Greek word Phago and it means “in the physical sense or spiritual sense, as in to feed on Christ.” **In John 6:56**, the word eats is troglodyte means “to gnaw or crunch” like eating nuts. There is no way you can spiritualize a crunching sound. He was not talking about spiritual eating or feeding here. He was talking about physical eating, about chewing with a crunching sound.

And as they were eating, Jesus took bread, blessed and broke it, and gave it to the disciples and said, “Take, eat; this is My body.” Then He took the cup and gave thanks, and gave it to them, saying, “Drink from it, all of you. For this is My blood of the new covenant, which is shed for many for the remission of sins. **(Matthew 26:26-28 NKJV)**

He was talking about His crucifixion, but He was also instituting the Holy Communion, a physical meal. The communion is God’s ordained way or delivery system for us to receive the unending, holy, youthful, overcoming, and perpetually healthy life Jesus has as we “eat” His flesh and drink His blood.

And the whole multitude sought to touch Him, for power went out from Him and healed them all. **(Luke 6:19 NKJV)**

Our Lord’s body emanated such health, power, and life that simply touching even the hem of His garment caused many to be healed.

“He who eats My flesh and drinks My blood abides in Me, and I in him.”  
**(John 6:56 NKJV)**